



Comenius
University
in Bratislava



Faculty of
Education

Creative Expressive Techniques in Competence Diagnostics and Enhancement

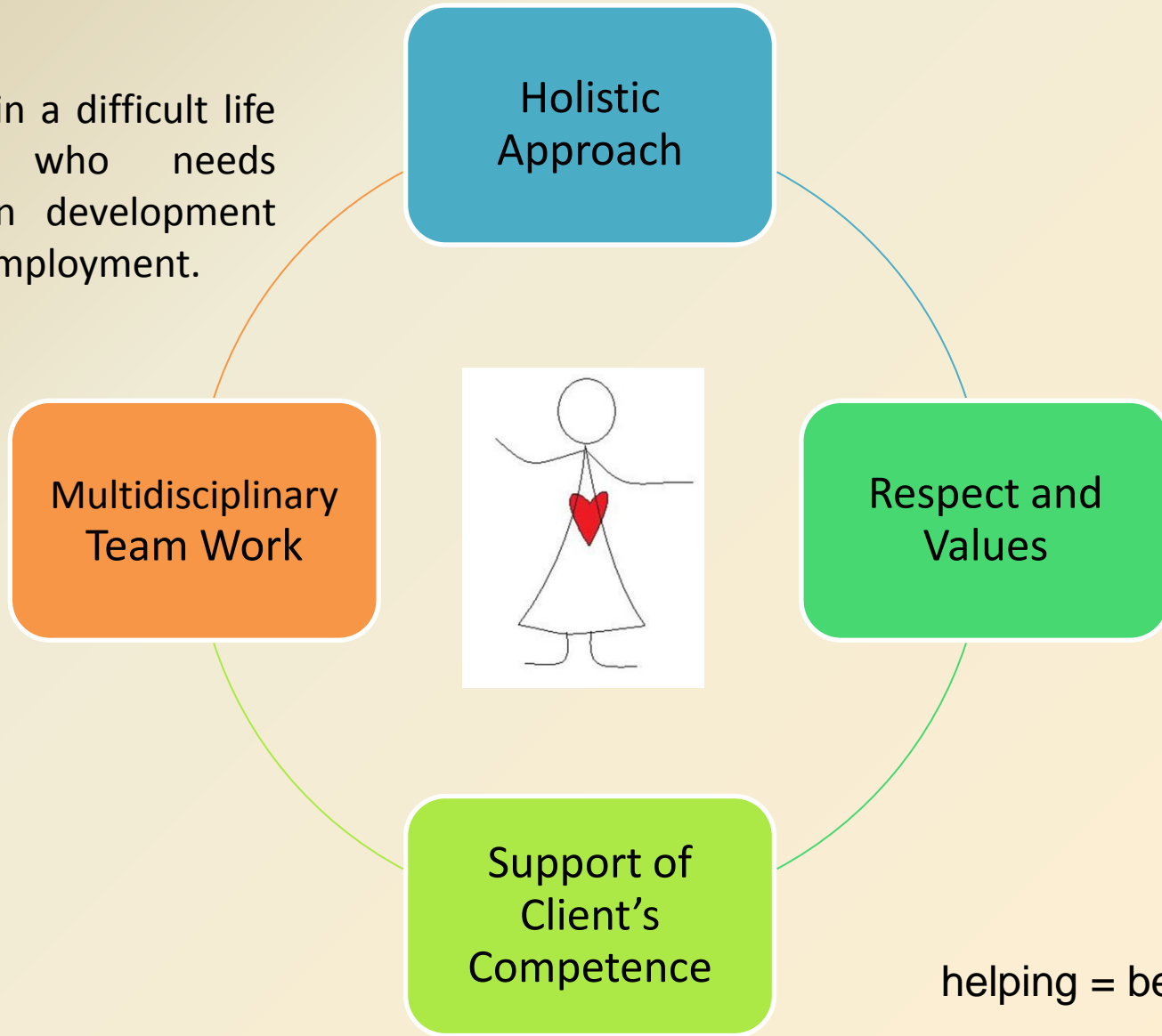
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Therapeutic Education

FOCUS ON

A person in a difficult life situation who needs support in development and self-employment.

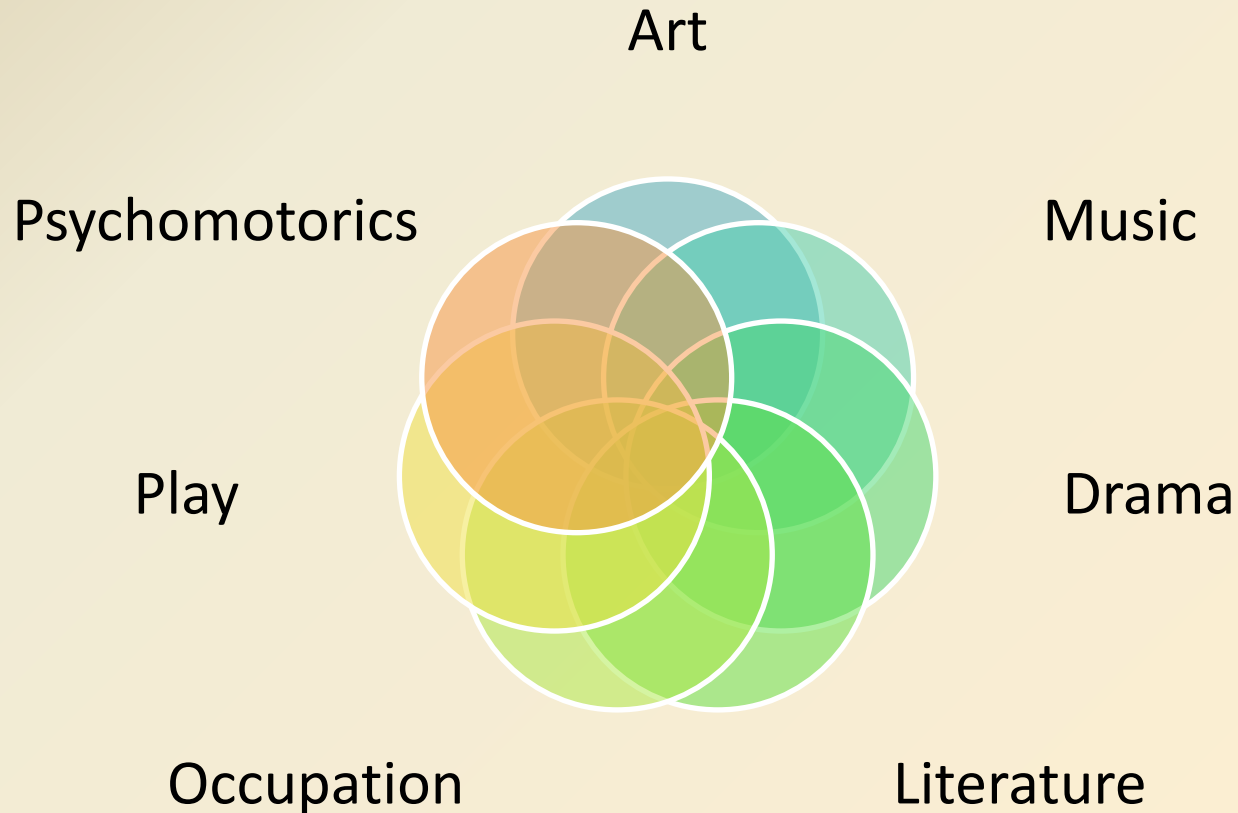


helping = being close

Philosophical background

- HORŇÁKOVÁ, M. 2007. Liečebná pedagogika pre pomáhajúce profesie. Bratislava : OZ Sociálna práca, 2007. 176 s. ISBN 978-80-89185-28-3.
- SPECK, O. 1998. *System Heilpädagogik. Eine ökologische reflexive Grundlagung*. München : Reinhardt, 1998. ISBN 3-497-01411-7.
- MONTESSORI, M. 1936. *The Secret of Childhood*.
- ANTONOVSKY, A. 1996. The salutogenetic model as a theory to guide health promotion. In *Health Promotion International*, 1996, 11, 1, p. 11-18.

Expressive therapies as Means of Change



Therapeutic background

- JENNINGS, S. 1999. Introduction to Developmental Playtherapy.
- LANDY, R. J. 1994. Drama Therapy. Concepts, Theories and Practices.
- JONES, P. 1996. Drama as Therapy: Theatre as Living.
- KIELHOFNER, G. 2008. Model of Human Occupation: Theory and Application.
- KIPHARD, E. 1994. Psychomotorik in Praxis und Theorie. Ausgewählte Themen der Motopädagogik und Mototherapie.

Current projects

Department of Therapeutic Education



Early childhood intervention – European Competence Initiative

www.early-intervention.eu

- Ready-to-use materials for professionals and parents about child development
- Coordinated by BISEV, Turkey

ICF-TRAIN

www.icf-training.eu

- Usage of ICF-CY
- Online training of professionals in the field of early intervention
- Online team evaluation tool
- Coordinated by VINCO, Austria



Our clients

People in Difficult Life Situations

Children – Youth – Adults - Seniors

Focus on supporting competences of clients – life skills, helping to find and use hidden resources, learning support, decision making, etc.

Principles and goals of support

- Relieving from and lowering symptoms
- Not against symptoms but for the person
- Changes in attitudes and behavioural patterns
- Changes in cognitive and emotional area
- Promoting development and health

Practical part



Trace your hand

- Trace your hand
- Write your name in the middle and write a sentence: I am good at...
- What activities are you good at? What are your hobbies? Write them into your hand, one in each finger.
- What skills, special personal characteristics do you need and employ when doing these activities?
- How do these characteristics get a use in your job or future job?

How do I feel when..?

- Imaginative movement technique
- Imagine you work as a... How do you feel? How do you walk? Are you proud? Are you tired?
- Follow-up exercise – collage and paint – This is what my choice will bring me. This is what it will cost me. How do I feel about it?
- Write a poem about yourself in this position (you can use a play with words or hints - poem for starting letters of a word or poem using particular chosen words)

What is in my head?

- Work in pairs – trace around each others heads – the papers can be on the wall or on the floor. Look into your head. What thoughts are in there? What can our mind do? Think, learn, dream, remember...
- What characterizes you?
- Collage, drawing, pantomime, drama sketch

For more ideas ...

- MAJZLANOVÁ, K. 2011. Súčasná dramaterapia – prístupy, výzvy.
- KOVÁČOVÁ, B. 2011. Vývinovo orientovaná dramaterapia.
- VALENTA, M. 2011. Dramaterapie.
- ŠICKOVÁ, J. 2002. Základy arteterapie.
- SZABOVÁ, M. – STUPKOVÁ, M. – VODIČKOVÁ, B. 2012. Dieťa v centre pozornosti.

Thank you!



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